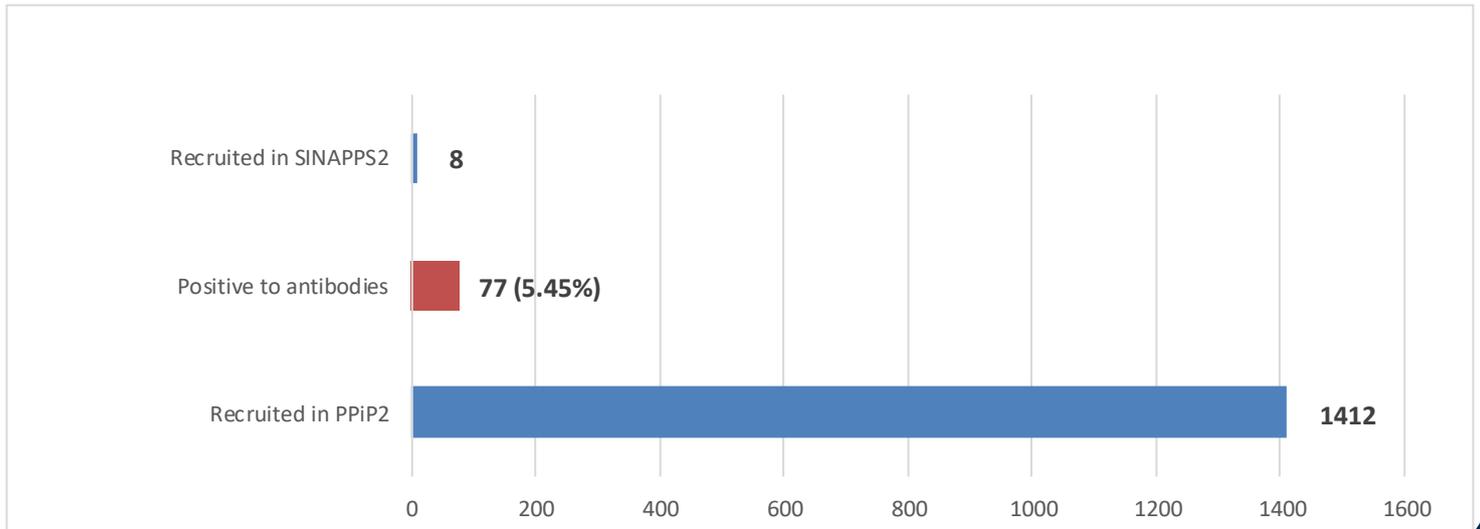


**SINAPPS**

**SINAPPS group studies overview (September 2016 — December 2018)**



**PPIp2 updates**

With the beginning of the New Year, we are delighted to welcome three new PPIp2 sites in our collaboration!

The teams from **Greater Manchester Mental Health NHS Foundation Trust**, **Mersey Care NHS Foundation Trust**, and **Pennine Care NHS Foundation Trust** have joined our network of research sites, making access to testing for antibodies in PPIp2 for patients in the North of England possible!

The opening of new PPIp2 sites will be followed by opening of a SINAPPS2 site in Salford Royal NHS Foundation Trust in February. We plan to open more SINAPPS2 sites in the area later this year.

**SINAPPS2 updates**

SINAPPS2 starts 2019 at full speed!

There is much excitement around SINAPPS2 for this year! Within the first 2 weeks for 2019, we already randomized and treated yet another patient.

This was the 8th patient to be randomized, and the first one to be treated at our Cambridge site! We would like to thank all the staff from CRF and Pharmacy who helped our team make sure the treatment visit was successful and as smooth as possible for the participant! Two participants at Oxford site completed the SINAPPS2 treatment in January and they are going to be followed by our research team for 12 months.

As PPIp2 picks up the pace after the Christmas break, more patients with antineuronal antibodies will be identified so expect to get more exciting news about SINAPPS2 in the near future!

## The McPin Foundation & SINAPPS2 LEAP meetings

You might have noticed the logo of one of our partners, [The McPin Foundation](#) on our study documents.

McPin works with people who have lived experience of mental health difficulties to transform mental health research. Dr Thomas Kabir and Tillie Cryer, who are part of the public involvement team at McPin, are collaborating closely with the SINAPPS study group. Together, Thomas and Tillie facilitate the [SINAPPS study's 'Lived Experience Advisory Panel' \(LEAP\)](#).

The LEAP is made up of seven people who have personal experience of mental health difficulties. The panel meets quarterly with members of the SINAPPS study research team. In these LEAP meetings, the panel provide their advice to the research team, applying their experiences.

Involving people with lived experience is really important to the SINAPPS study to make sure all aspects of the study are relevant to the people taking part in both SINAPPS2 and PPI2.

A key highlight of this collaboration has been the production of the [Antibody Mediated Psychosis booklet for the public](#), which was written by one of our LEAP members. Shortly, a new booklet will be available to download and read which talks about how inflammation can affect our mental health.

If you wish to find out more about [McPin's work](#), please visit their website or check their blog [on Antibody Mediated Psychosis](#).

You can also contact Thomas and Tillie by email: [ThomasKabir@mcpin.org](mailto:ThomasKabir@mcpin.org); [TillieCryer@mcpin.org](mailto:TillieCryer@mcpin.org).

## PPI2 recruiter of the month

December has always been a challenging month for the recruitment. Many of us take annual leave over the Christmas break, less hospital staff is around leaving other clinicians often very busy, and the PPI2 lab was inactive for two weeks. Recruiting even a couple of patients was a challenge during the last month in 2017.

Seemingly unfazed by all these difficulties, the teams at **Camden and Islington NHS Foundation Trust** (Dr Petros Lekkos, Harriet Martin, Mary-Jo Doyle, Kathryn Kay, Jazmin Molai, Jessica Lynch, Fedelia Baah) and **Kent and Medway NHS and Social Care Partnership Trust** (Dr Alison Puffet, Megan Setterfield, Roberta Box, Hannah Herlihy) achieved their usual monthly recruitment rate in two weeks! If this doesn't call for the Recruiter(s) of the Month title, we're not sure what does!

A special mention also goes to the teams at **Berkshire Healthcare NHS Foundation Trust** (Dr Sanjoo Chengappa, Emma Donaldson, Sital Tailor, Heather Hopkins) and **Derbyshire Healthcare NHS Foundation Trust** (Dr Kripa Chakravarthy, Graham Spencer, Andy Dingwall, Diane Hawksworth), who only for the tiniest bit did not get the title. Looking forward to see you up there next month!

As festivities dwindle and we get back to work in full force, the competition for recruiter of the month is bound to get more intense than ever! Stay with us to discover who will be crowned in January!

## CONTACTS

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